

Tri-County Bible Prophecy Revival
Revelation of Jesus Series
Study #5: The Sabbath of The Lord
Bible Sermon Study Notes by Cary Rodgers, pastor

Review Questions

What is the law of God also known as? Ten Commandments

Where are the two places where the Ten Commandments are found? Exodus 20:1 – 17 and Deut. 5:6 – 21

What is the main purpose of God's Law? Defines sin, standard of righteousness, conversion tool to Christ

Did Jesus come to destroy the Law? NO

What is the "fulfilling of the Law"? "Love is the fulfilling of the Law" - Romans 13:10

Jesus says "If you Love me _____"

What does Jesus say about others who teach others not to keep ALL the commandments of God? **Matt.5:19**

Can you keep the commandments in your own power?

If you break one commandment you break _____

We learned from our previous Bible study on the Ten Commandments that we are to keep ALL TEN of God's Commandments.

Matthew 5:17

17 **Think not that I am come to destroy the law, or the prophets: I am not come to destroy, but to fulfil.**

Remember, God's love is the fulfilling of the Law

Romans 13:9-10

9 For this, Thou shalt not commit adultery, Thou shalt not kill, Thou shalt not steal, Thou shalt not bear false witness, Thou shalt not covet; and if there be any other commandment, it is briefly comprehended in this saying, namely, Thou shalt love thy neighbour as thyself.

10 Love worketh no ill to his neighbour: therefore **love is the fulfilling of the law.**

Remember, God's law is truth, love, righteousness, holy, and freedom that reflects the character of God. Anyone who attacks the law of God is directly attacking the character of God.

God revealed his eternal Ten Commandments written with His finger into two tables of stone to a rebellious planet, earth, law to the world.

Did you know that within the Ten Commandments God has given you a special day off from work each week to rest, rejuvenate, and commemorate God as your Creator and Savior?

It's found in the fourth commandment!

Exodus 20:8-11

8 **Remember** the sabbath day, to keep it holy.

9 Six days shalt thou labour, and do all thy work:

10 But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:

11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

The fourth commandment is the only commandment that starts with "remember." It is obvious that God never wanted us to forget his law. But sadly the majority of the world and christian churches has forgotten or rejected the Seventh day Sabbath of rest.

The word "Sabbath" (Hebrew: shabbâth) is general means "intermission", rest, or cease from labor.

The seventh day Sabbath command from God issues a **special rest day** that totally distinct from the other six days.

When was the seventh-day Sabbath revealed to this planet earth?

The last part of the fourth commandment takes us back to Creation of this earth before sin existed.

Exodus 20:11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

The seventh day Sabbath is the ONLY day of six days in which God rested, blessed, and hallowed.

“Hallowed” means to separate for a holy purpose.

Exodus 20:11 refers us back to the seventh day of God’s Creation when He established the Sabbath on this earth in Genesis 2:1 – 3.

Genesis 2:1-3

1 Thus the heavens and the earth were finished, and all the host of them.

2 And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made.

3 And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made.

“Sanctified” is the same as hallowed or to make holy.

“Rest” in Genesis 2:2,3 is “shâbath” in the Hebrew or “sabbath” in English.

Was God tired after His six days of Creation? No. God never gets tired.

God reveals His sabbath holy rest on this planet as a blessing to all mankind.

What does the Sabbath specifically commemorate?

Exodus 31:16, 17

16 Wherefore the children of Israel shall keep the sabbath, to observe the sabbath throughout their generations, for a perpetual covenant.

17 It is a sign between me and the children of Israel for ever: for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed.

The seventh-day Sabbath is a sacred time to commemorate God as the Creator and Savior. Jesus Christ our Creator and Redeemer at the beginning established His Sabbath as a special day to commemorate His relationship to us and our relationship to Him.

Like the anniversary celebration of a married couple is a special day to commemorate their relationship and commitment to each other, the Sabbath is a special day to commemorate our Creator and renew our commitment to Him. Even though we worship God and serve God throughout the week, there is no other day like the seventh-day Sabbath, it is special.

When is the seventh-day Sabbath?

God gave us the seventh-day week cycle that was NEVER changed by man. God numbered the days 1 – 7 with the seventh day being a special Holy Rest Day known as the Sabbath.

The seventh day of the week is Saturday.

Here is the proof:

The Sabbath is found in the names of over one hundred languages to represent the seventh day of the week, Saturday.

For example, the word for seventh day of the week, Saturday in Spanish is “Sabado” which means Sabbath. In Spanish Exodus 20:8 says, “Acuérdate del **sábado** para santificarlo.” (Reina-Valera 1995)

French word for Saturday is “Samedi” means Sabbath. In Italian it’s “Sabbato” which means Sabbath. In Russian Saturday is “Subbota” which also means Sabbath.

(see chart of slides of other languages)

When we go back to Creation in Genesis chapters 1 and 2, God only named the days by its number 1 through 7. The names of each day that we have today were actually added by pagan (worshippers of false gods) cultures and empires, such as the Romans. They worshiped the stars and planets. For example, they named the first day of the week, “Sunday”, in honor of their most worshiped and popular god, known as the Sun god. Monday was named in honor of their god, Moon - in summary: Tuesday, Mars; Wednesday, Mercury; Thursday, Jupiter; Friday, Venus; and Saturday, Saturn. The Bible does not use these false god names when referring to days of the week.

To know the seventh day of the week is very easy. All you need to is count from the first day of the week, Sunday, to the seventh day of the week, Saturday. This confirmed by dictionaries and any standard calendar.

The death, burial and resurrection of Jesus verifies that the seventh day is Saturday.

1) Jesus died on the sixth of the week, Friday preparation day, before the seventh day Sabbath began.

John 19:31-33

31 The Jews therefore, because it was the preparation, that the bodies should not remain upon the cross on the sabbath day, (for that sabbath day was an high day,) besought Pilate that their legs might be broken, and that they might be taken away.

32 Then came the soldiers, and brake the legs of the first, and of the other which was crucified with him.

33 But when they came to Jesus, and saw that he was dead already, they brake not his legs.

2) The women who prepared the body of Jesus rested on the seventh-day Sabbath.

Luke 23:53-56

53 “And he took it down, and wrapped it in linen, and laid it in a sepulchre that was hewn in stone, wherein never man before was laid.

54 And that day was the preparation, and the sabbath drew on.

55 And the women also, which came with him from Galilee, followed after, and beheld the sepulchre, and how his body was laid.

56 And they returned, and prepared spices and ointments; and rested the sabbath day according to the commandment.”

The sixth day, Friday, before Sabbath is known as the preparation day, a day to prepare for God’s holy Sabbath. Jesus also rested in tomb on the seventh-day of the week, Saturday.

3) Jesus rose early on the first day of the week - Sunday

Mark 16:2, 9

2 And very early in the morning the first day of the week, they came unto the sepulchre at the rising of the sun.

9 Now when **Jesus was risen early the first day of the week**, he appeared first to Mary Magdalene, out of whom he had cast seven devils.

In summary, Jesus died on the sixth day, Friday. He rested in His tomb during the seventh-day Sabbath, Saturday. Then rose from the tomb early the first day of the week, Sunday.

When does the seventh-day Sabbath officially begin?

The complete revolution of the earth around the sun determines a year. But who or what determines our seven-day weekly cycle? Why not have a 10 day week or a 15 day week cycle? Our seven-day weekly cycle is not determined by the moon nor the sun, it was created by God and God alone according to the Bible.

In Genesis chapter 1, God clearly defines a 24 hour literal day at Creation. He also reveals when a new day actually begins. Notice what God says at the end of each day of Creation:

Genesis 1:5 - "And God called the light Day, and the darkness he called Night. And the evening and the morning were the first day."

Genesis 1:8 - "And God called the firmament Heaven. And the evening and the morning were the second day."

Genesis 1:13 - "And the evening and the morning were the third day."

Genesis 1:19 - "And the evening and the morning were the fourth day."

Genesis 1:23 - "And the evening and the morning were the fifth day."

Genesis 1:31 - "And God saw every thing that he had made, and, behold, it was very good. And the evening and the morning were the sixth day."

Evening is defined as dusk, night, or sunset. According to the Bible a new day actually begins at dusk or when the sun sets. There are 24 literal hours from evening to evening. The origin of a day beginning at 12 o'clock midnight is a man-made concept.

Seventh-day Sabbath = Sunset Friday to Sunset Saturday

Since the Bible reveals that each day officially begins when the sun sets in the evening, the official beginning of the seventh-day Sabbath begins when the sun sets on Friday evening and ends when the sun sets on Saturday evening.

Have there been calendar changes that changed the seven-day weekly cycle? No changes altered the seven day weekly cycle. In October 1582, ten days was removed from the Gregorian Calendar in order to keep up with the solar cycle.

Why was the Sabbath given?

Mark 2:27, 28

27 And he said unto them, **The sabbath was made for man, and not man for the sabbath:**

28 **Therefore the Son of man is Lord also of the sabbath.**

Jesus the Lord of the Sabbath gave us His Sabbath for our benefit as a special blessing that can ONLY come from God for ALL people.

The Sabbath was not just made for the Jews or a special group of people, it is given to ALL people as a blessing, not a burden. The Sabbath was established before sin and over 2000 years before Jews.

The ONLY way to experience the special blessings of the Sabbath is to honor God on His holy day and keep it holy as the fourth commandment commands. You will have less stress and be rejuvenated.

What is a sign that you are truly loyal to the God of Heaven?

Ezekiel 20:12, 20

12 Moreover also I gave them my sabbaths, to be a **sign** between me and them, that they might know that I am the LORD that sanctify them.

20 And hallow my sabbaths; and they shall be a **sign** between me and you, that ye may know that I am the LORD your God.

Exodus 31:13

13 Speak thou also unto the children of Israel, saying, Verily my sabbaths ye shall keep: for it is a **sign** between me and you throughout your generations; that ye may know that I am the LORD that doth sanctify you.

Sign (Hebrew) = 'ôth, means “monument, mark, or evidence.”

In other word, keeping the seventh day Sabbath holy is a sign or proof of your loyalty and love toward Jesus our Creator and Savior God.

What did Jesus do on the seventh-day Sabbath?**Luke 4:16, 31**

16 And he came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on **the sabbath day**, and stood up for to read.

31 And came down to Capernaum, a city of Galilee, and taught them on the **sabbath days**.

Jesus, who is the Lord of the Sabbath, is our only example that we should follow.

1 Peter 2:21, 22

21 For even hereunto were ye called: because Christ also suffered for us, leaving us an example, that ye should **follow his steps**.

22 Who did **no sin**, neither was guile found in his mouth:

Jesus did NO sin, He kept ALL the Ten commandments**John 15:10 (In addition Jesus says...)**

10 **If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love.**

The apostles and the new testament church kept the seventh-day Sabbath**Acts 13:14, 15, 42-44**

14 But when they departed from Perga, they came to Antioch in Pisidia, and went into the synagogue on the sabbath day, and sat down.

15 And after the reading of the law and the prophets the rulers of the synagogue sent unto them, saying, Ye men and brethren, if ye have any word of exhortation for the people, say on.

42 And when the Jews were gone out of the synagogue, the Gentiles besought that these words might be preached to them the next sabbath.

43 Now when the congregation was broken up, many of the Jews and religious proselytes followed Paul and Barnabas: who, speaking to them, persuaded them to continue in the grace of God.

44 And the next sabbath day came almost the whole city together to hear the word of God.

What does God command us to do on the seventh-day Sabbath?

1) Remember to keep it HOLY (Exodus 20:8)

Exodus 20:8

8 Remember the sabbath day, to keep it holy.

2) Rest – Cease from your regular work and employment

Exodus 20:9-10

9 Six days shalt thou labour, and do all thy work:

10 But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:

3) Call the Sabbath a delight – not doing your own pleasure nor having secular activities or conversations.

Isaiah 58:13

13 If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words:

4) No buying and selling on Sabbath

Nehemiah 10:31

31 And if the people of the land bring ware or any victuals on the sabbath day to sell, that we would not buy it of them on the sabbath, or on the holy day: and that we would leave the seventh year, and the exaction of every debt. (Also read Nehemiah 13:15 – 22)

5) Cooking and food preparations done before the Sabbath – No baking or boiling on the Sabbath.

Exodus 16:23

23 And he said unto them, This is that which the LORD hath said, To morrow is the rest of the holy sabbath unto the LORD: bake that which ye will bake to day, and seethe that ye will seethe; and that which remaineth over lay up for you to be kept until the morning. (Also read Exodus 16:15 - 28)

6) Weekly Holy Assembly and Worship with God's faithful.

Leviticus 23:3

3 Six days shall work be done: but the seventh day is the sabbath of rest, **an holy convocation (assembly)**; ye shall do no work therein: it is the sabbath of the LORD in all your dwellings.

Hebrews 10:24-25

24 And let us consider one another to provoke unto love and to good works:

25 **Not forsaking the assembling of ourselves together**, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.

7) Minister to others like Jesus. Healing, teaching, preaching, & sharing truth. (Read Mark 3:1 – 4)

The law of the body requires a daily rest nightly for physical repair and refreshing. God's Sabbath is a weekly rest from all our labors and work as a blessing for spiritual and physical rejuvenation and restoration.

Did Jesus nail the law and the Sabbath to the cross when He died based on Colossians 2:14 & 16?

Colossians 2:14, 16

14 Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross;

16 Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days."

It is clear that a law was “nailed to the cross” or abolished at the death of Jesus but it was not God’s Ten Commandments. Think about it, if Jesus did not come to destroy the law, He also did not “nail” His holy Ten Commandments to the cross.

So what law was “nailed”?

Colossians 2:14 says, “Blotting out the handwriting of ordinances that was against us.” Do you think God’s Ten Commandments are against us? God’s Ten Commandments are not against us, they are for us.

What were the “handwriting of ordinances that was against us”?

Referring to the “handwriting of ordinances,

Colossians 2:17 Which are a **shadow of things to come**; but the **body is of Christ.**”

“**Ordinances**” in Greek is “dogma” which means a civil, ceremonial, or ecclesiastical laws or degrees according to Strong’s Greek Dictionary.

The “handwriting of ordinances” in Colossians 2:17 is referring to the ceremonial laws of the Old Testament that pointed to the ministry of Jesus Christ in the New Testament.

In Exodus 25:8, God instructed Moses to build a sanctuary in the wilderness for the Israelites on their way to the Canaan land. God gave Moses specific instructions on how to build the sanctuary and what specific services and feast days that were to be associated with the sanctuary which is found in Exodus chapters 25-30 and the book of Leviticus. Because these instructions were written by the hand of Moses they were known as the law of Moses. They were also known as the ceremonial laws, or the law of ordinances.

In summary, the building, furniture, and many items in the sanctuary and its ceremonial services, including the feast days, were symbolic lessons of the plan of salvation that pointed to the ministry of Jesus Christ on earth and in Heaven. According to Hebrews 8:5, this earthly sanctuary that Moses built was a miniature model of the Heavenly sanctuary.

Hebrews 10:1 refers to these ceremonial laws as “**a shadow of good things to come**”: , and not the very image of the things, can never with those sacrifices which they offered year by year continually make the comers thereunto perfect.” This is in perfect harmony with Colossians 2:17.

The shadow of good things in the services and feast days of the sanctuary pointed to the ministry of the Messiah as the Lamb to die for the sins of the world. Shadows are only a reflection of what is reality. The sanctuary in the wilderness and its feast days was only a shadow of things to come. Jesus ministry and his death, burial, and resurrection is the fulfillment of that reality.

1 Peter 1:18, 19

18 “Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers;

19 But with the precious blood of Christ, as of a lamb without blemish and without spot.”

Hebrews chapter 9 confirms that all the animal sacrifices that were associated with the earthly sanctuary were fulfilled through Jesus when he spilled His blood on the cross of Calvary. This is why we don’t have to do animal sacrifices today. They were fulfilled, or “nailed to the cross.”

The weekly Seventh-Sabbath is NOT a ceremonial feast day sabbath

Remember, the Hebrew word “sabbath” simply means rest. The “sabbath days” spoken of in Colossians 2:16, were feast day ceremonial rest days or sabbaths for the people to rest and not work on those days. The ceremonial holy days or feast days did not necessarily fall on the seventh day of the week for each ceremony or celebration. For example, the Day of Atonement was on the seventh month and tenth-day every year. It was commemorated on the same date each year which could fall on any day of the week, like your birthday. That feast was a “holy day” or a sabbath rest day in which no one worked.

The Jewish Christians believed that the converted Gentile Christians were required to keep the feast days, ceremonies, and holy days to secure salvation. This caused some tension between the two. But Paul cleared up much confusion. Paul made it clear to the Jewish Christians not to judge the Gentile Christians who did not keep the feast days or holy days because these were fulfilled in the sacrifice and Heavenly ministry of Christ. We are not obligated to keep them to secure salvation, but they stand as memorials and lessons of the redemption plan of Jesus Christ.

What happened in the temple in Israel at the death of Christ that was a sign that the sacrificial ceremonial laws ended at the cross?

Mark 15:37, 38

37 And Jesus cried with a loud voice, and gave up the ghost.

38 And the veil of the temple was rent in twain from the top to the bottom.

God created time for a special appointment, the seventh day Sabbath.

What is the purpose of time without an anticipated appointment? The seventh-day Sabbath is the only specific anticipated appointment that God has given throughout His Creation. If you come at a different time other than the specified time set for the appointment, you will miss it. The creation of time is centered on this divine appointment of the seventh-day Sabbath.

Will those who are saved continue to keep the seventh-day Sabbath holy in Heaven and the new earth throughout eternity?

Isaiah 66:22-23

22 For as the new heavens and the new earth, which I will make, shall remain before me, saith the LORD, so shall your seed and your name remain.

23 And it shall come to pass, that from one new moon to another, and from one sabbath to another, shall all flesh come to worship before me, saith the LORD.

Did Jesus change the seventh-day Sabbath to Sunday, the first day of the week?

Malachi 3:6

6 For I am the LORD, I change not...

Hebrews 4:8-9

8 For if Jesus had given them rest, then would he not afterward have spoken of another day.

9 There remaineth therefore a rest to the people of God.

Times of ignorance and ignoring the Sabbath truth is over... What does the Bible say?

Acts 17:30

30 And the times of this ignorance God winked at; but now commandeth all men every where to repent:

Do you want to be obedient to God weekly seventh-day Sabbath blessing?

Jesus did not change the seventh-day Sabbath to Sunday, the first day of the week. Keeping Sunday as the Sabbath is a man made church tradition that has no Biblical foundation.

Since the True Sabbath points to the true creator God. It Reveals True Worship. Do you think Satan would attack God's true worship and make a substitute?

Who "thinks" to have power to change God's Sabbath to Sunday as prophesied in Daniel and Revelation? To be continued...

Appeal...