

End-Time Prep Series
Lesson 9: True Health Reform & Medical Missionaries
 Sermon Bible Notes by Pastor O. Cary Rodgers, Jr.

Why was the medical missionary and health evangelism given to God's remnant church?

"We are now living in the closing scenes of this world's history. Let men tremble with the sense of the responsibility of knowing the truth. The ends of the world are come. Proper consideration of these things will lead all to make an entire consecration of all that they have and are to their God. . . . The weighty obligation of warning a world of its coming doom is upon us. From every direction, far and near, calls are coming to us for help.' --Review and Herald, July 23, 1895.

Proverbs 4:18

18 But the path of the just *is* as the shining light, that shineth more and more unto the perfect day.

Matthew 5:14-16

14 Ye are the light of the world. A city that is set on an hill cannot be hid.

15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Matthew 6:23

23 But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light that is in thee be darkness, how great *is* that darkness!

Light and darkness cannot mix. When light comes on in a dark room, the darkness is dispelled. If the light is turned off, the place is now full of darkness. God has given us the medical missionary and health evangelism to be a light of present Truth to the world. God's light illuminates through His faithful and obedient. As a light to the world we are to expose Satan's lies and reveal ALL of God's truth. God's light has the power to save and reveal Truth in a dark world of sin.

"If man will cherish the light that God in mercy gives him upon health reform, he may be sanctified through the truth, and fitted for immortality. But if he disregards that light, and lives in violation of natural law, he must pay the penalty. {Ellen White, Counsels On Diet and Foods, p.70.3}

The principles and God's law of true health reform is clearly revealed in the Word of God. Only those who implement the actions of health reform and teach it to others will be sanctified by it.

John 17:17-19

17 Sanctify them through thy truth: thy word is truth.

18 As thou hast sent me into the world, even so have I also sent them into the world.

19 And for their sakes I sanctify myself, that they also might be sanctified through the truth.

Psalms 119:9

9 Wherewithal shall a young man cleanse his way? by taking heed *thereto* according to thy word.

“God requires His people to cleanse themselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of the Lord. All those who are indifferent and excuse themselves from this work, waiting for the Lord to do for them that which He requires them to do for themselves, will be found wanting when the meek of the earth, who have wrought His judgments, are hid in the day of the Lord's anger.

I was shown that if God's people make no efforts on their part, but wait for the refreshing to come upon them and remove their wrongs and correct their errors; if they depend upon that to cleanse them from filthiness of the flesh and spirit, and fit them to engage in the loud cry of the third angel, they will be found wanting. The refreshing or power of God comes only on those who have prepared themselves for it by doing the work which God bids them, namely, cleansing themselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.” {Counsels On Diet and Foods p. 33.3}

It is impossible to be cleansed and sanctified without complete obedience to God's word and medical missionary work. We all have a personal responsibility to take heed to the words of Christ and His Spirit. We must prepare our characters now in order to be qualified by the Holy Spirit to give the Loud Cry message during the mark of the beast crisis.

“All are now deciding their eternal destiny. Men need to be aroused to realize the solemnity of the time, the nearness of the day when human probation shall be ended. Decided efforts should be made to bring the message for this time prominently before the people. The third angel is to go forth with great power. Let none ignore this work or treat it as of little importance.” Ellen White, Testimonies Vol. 6, p. 16

What relation does health reform and the medical missionary have with the three angels message of Revelation 14:6 -13?

“The health reform, I was shown, is a part of the third angel's message, and is just as closely connected with it as are the arm and hand with the human body. I saw that we as a people must make an advance move in this great work. Ministers and people must act in concert. God's people are not prepared for the loud cry of the third angel. They have a work to do for themselves which they should not leave for God to do for them. He has left this work for them to do. It is an individual work; one cannot do it for another.” {Ellen White, Counsels On Diet

and Foods, p. 74.3}

Health reform is not our main message but it is the right arm that opens the door of the hearts of others to give the three angels' message. This work is essential and will bring about true conversions to the kingdom of God in the last days.

“The health reform is as closely related to the third angel's message as the arm to the body; but the arm cannot take the place of the body. The proclamation of the third angel's message, the commandments of God and the testimony of Jesus, is the burden of our work. The message is to be proclaimed with a loud cry, and is to go to the whole world. The presentation of health principles must be united with this message, but must not in any case be independent of it, or in any way take the place of it.” {Counsels On Diet and Foods p. 75.1}

All true medical missionaries must let others know that God is the true healer that uses His natural remedies as agents of healing. We are only His agents and vessels.

Should you take a medical missionary and evangelism training?

Yes, yes, and yes. Training is vital in doing the work.

“God's people are to be genuine medical missionaries. **They are to learn to minister to the needs of soul and body.** They should know how to give the simple treatments that do so much to relieve pain and remove disease. They should be familiar with the principles of health reform, that they may show others how, by right habits of eating, drinking, and dressing, disease may be prevented and health regained. A demonstration of the value of the principles of health reform will do much toward removing prejudice against our evangelical work. The Great Physician, the originator of medical missionary work, will bless every one who will go forward humbly and trustfully, seeking to impart the truth for this time.” {Welfare Ministry p. 127}

Jesus is the center of the true medical missionary and evangelism training. It is the Holy Spirit that is the main teacher that will train and use others to lead people to God's truth.

John 16:13

13 **Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, *that* shall he speak: and he will shew you things to come.**

God's people must have at least a basic understanding of the anatomy and physiology of God's crown of creation. We must know how to apply a multiplicity of God's natural remedies that are inline with the law of health and the Ten Commandments. We all must know how to implement water therapies for healing. We must know how to treat others without poisonous drugs. We must be knowledgeable about Pharmakeia and the mechanism of actions of commonly used drugs. We must know how to be an effective evangelist and know how to

develop and give Bible studies. We also must know how to teach others how to prepare delicious, plant-based foods. We must be able to teach others about the three angels' messages, health reform, and the sanctuary message. We must be knowledgeable in the area of successful gardening. We must all know how to develop ministry and or a business that supports ministry. We offer all these plus much more at BCMEOnline.org. This is medical missionary training you take online at your own pace.

“From the study of the word of life, students may come forth with minds expanded, elevated, ennobled. If they are, like Daniel, hearers and doers of the word of God, they may advance as he did in all branches of learning. Being pure-minded, they will become strong-minded. Every intellectual faculty will be quickened. They may so educate and discipline themselves that all within the sphere of their influence shall see what man can be, and what he can do, when connected with the God of wisdom and power.” {Ministry of Healing p. 466.1}

What are the local churches and the pastor's role in health reform and the medical missionary work?

Every church member and the pastor must be personally active in health reform and the medical missionary work. The pastors, elders, and deacons must promote and demonstrate how to practically do this work. It should be promoted from the pulpit as a priority of the church. This is the work of God that should never be mocked, or marginalized by the church leadership.

Ministries who do not take hold of the medical missionary work disqualify themselves in giving the Loud Cry message during the mark of the beast crisis.

“Why do some of our ministering brethren manifest so little interest in health reform? It is because instruction on temperance in all things is opposed to their practice of self-indulgence. In some places this has been the great stumbling block in the way of our bringing the people to investigate and practice and teach health reform. No man should be set apart as a teacher of the people while his own teaching or example contradicts the testimony God has given His servants to bear in regard to diet, for this will bring confusion. His disregard of health reform unfits him to stand as the Lord's messenger.” {Counsels On Diets and Foods p. 453}