

Victory Over Sin Series
Lesson 14 – God’s Cv-1.9 DontVaxzo Plan
 Bible Sermon Notes by Pastor O. Cary Rodgers, Jr.

Jesus prophesied that there would be an increase and intensity of pandemics and natural disasters at the end of time.

Matthew 24:7

7 For nation shall rise against nation, and kingdom against kingdom: and there shall be **famines, and pestilences, and earthquakes, in divers places.**

In the past decade there has been an increase and intensity of natural disasters such as earthquakes, extreme fires, tornadoes, hurricanes, and floods. Instead of seeking the truth of God’s word, turning from sin, and recognizing that these are signs for the end of time, man has blamed all these things on “global warming” and “climate change.”

For the past year they have blamed the covid-19 pandemic increase and its variants on the unvaxed, even though their case numbers are statistically insignificant globally.

Who is the evil mind that is behind these calamities, pandemics, and diseases?

“Even now he [Satan] is at work. In accidents and calamities by sea and by land, in great conflagrations, in fierce tornadoes and terrific hailstorms, in tempests, floods, cyclones, tidal waves, and earthquakes, in every place and in a **thousand forms**, Satan is exercising his power. He sweeps away the ripening harvest, and famine and distress follow. **He imparts to the air a deadly taint, and thousands perish by the pestilence. These visitations are to become more and more frequent and disastrous.** Destruction will be upon both man and beast.” - Ellen White, Great Controversy, p.589 – 590

Satan will use diseases to bring the world’s most populated cities to ruin. The time is beyond urgent to get out of these crowded places to country homes before it is too late.

Why are the calamities and pestilences going to get worse and destruction coming upon the wicked?

Isaiah 24:3-6

- 3 The land shall be **utterly emptied**, and utterly spoiled: for the LORD hath spoken this word.
- 4 The **earth mourneth** and fadeth away, the world languisheth and fadeth away, the haughty people of the earth do languish.
- 5 The earth also is defiled under the inhabitants thereof; because they have transgressed the laws, changed the ordinance, broken the everlasting covenant.
- 6 Therefore hath the curse devoured the earth, and they that dwell therein are desolate: therefore the inhabitants of the earth are burned, and few men left.

The people of world have sown seeds of rebellion and lies. Their harvest is disaster and destruction because they have rejected the law of God and His everlasting covenant.

The pestilences are going to get worse and worse from the noncontagious to the extremely contagious as signs of the world's desolation and the second coming of Jesus Christ. As we get closer to the end of time we will see an increase of various types of diseases that are fatal to both humans and animals.

The drug companies of Satan's pharmakeia in partnership with national leaders and their governmental agencies have heavily endorse, pushed, and mandated that all citizens get vaccinated with the covid 19 vax. Many companies have mandated that its employees get the jab or lose the job. They are making false claims of the vax effectiveness. They play with the numbers and statistics to deceive the people. They have deceived the world that the vax is the only way to beat covid-19. They are minimizing the direct negative and serious effects that vax has on those who have been jabbed.

Some of the serious direct effects that have been reported from various sources have been heart issues, blood clots, allergic reactions, and kidney complications.¹

What is God's Don't Vax Plan that gets results naturally without harming the body?

As a remnant people living at the end of time, it is time for all of us to step up. We MUST educate others on how to effectively avoid or treat highly contagious diseases like the coronavirus naturally. We need to understand how the immune system works and how to use natural remedies to fight diseases.

Immune system – soldier defense system

The immune system is an amazing intricate collection of specialized cells, organs, and structures. The mission is to identify and destroy foreign invaders before harm is done to the body. The white blood cells are soldiers in the body that seek and destroy bacteria, viruses, cancer cells and other organism that are detrimental to the body. There are over 1 trillion white blood cells throughout the body including the blood and lymphatic system.

Matthew 12:29

29 Or else how can one enter into a strong man's house, and spoil his goods, except he first bind the strong man? and then he will spoil his house.

Our immune system is comparable to that strong man in Matthew 12:29, it will fight for you as long as it is not bound by bad lifestyle habits such as poor nutrition and lack of exercise.

There five main enemies of the immune system:

- 1) BACTERIA
- 2) VIRUS

- 3) FUNGI
- 4) PARASITES
- 5) POISON

What Weakens The Immune System? The answer is found in the acronym FAT CATS.

FAT CATS

F = Fatty & highly processed foods: Fat depresses the immune system

A = Anxiety & stress creates an emotional response in the brain, disturbing the chemical balance of neurotransmitters. As a result, certain hormones, (possible cancer promoters) are increased and our immune system is depressed. Stressed out adrenals produce toxic hormones that suppress the body's immune system.

T = Toxicity is an unhealthy exposure to poisons such as pharmakeia's prescription drugs that suppress the immune system.

C = Caffeine

A = Alcohol

T = Tobacco

S = Sugar (too much refined sugars)

Sugars depress the immune system. Sugar makes the immune system drunk, weak, and ineffective!

Tsp of sugar per day	Bacteria destroyed by White blood cells
0	14
6	10
12	5.5
18	2
24	1

As you can see you MUST heavily reduce sugar intake to only small trace amounts. But I got good news for you, sugar can be replaced with raw honey. The best raw honey is from a local beekeeper. There are some local supermarkets that also sell raw honey. This is a healthy sweetener that will not harm the body's immune system but boost its ability to fight against bacteria. Raw honey may cost more than sugar, but you will save much more money by avoiding costly medical bills or funeral cost!

Millions of people get sick near the end-of-the-year holidays such as Halloween, Thanksgiving and Christmas because so many sweets full of sugar and fat are excessively eaten. They are eating pounds of sugar by eating cookies, donuts, candies, and chocolates. **On top of that they are drinking literally gallons of soda.** As a result, millions of people's immune systems are extremely weakened and vulnerable to all types of contagious diseases such as the coronavirus.

Boost immune system

Now let's look at ways to boost the body's immune system defense so that it will be able to fight against or avoid the coronavirus, the flu, the common cold, and other pestilences in the last days.

ANEW STARTT

Give your immune system the boost it needs by fully implementing on a daily basis the ten commandments of health known by an easy to remember acronym ANEW STARTT:

A – Attitude. You must have a Christ-like attitude that empowers you to good physical and spiritual health. Your attitude will determine your success of healing and a good immune system.

N – Nutrition. Eat fruits, nuts, grains, and veggies on a daily basis (see Genesis 2:9 and 3:18). Avoid highly processed foods, fats, sugars, and flesh food. Eat foods that are high in antioxidants that "rust proof" your cells with fruits such as strawberries, plums, oranges, kiwi, apples, pink grape fruit, and bananas. Also veggies such as garlic, kale, spinach, cabbage, tomatoes, broccoli, beets, carrots, corn, and okra.

E – Exercise at least five days a week for 30 minutes to an hour. Walking is the best exercise to boost immune system. The one hour can be split up in short intervals throughout the day.

W – Water. Drink at least eight - 8 ounce cups of water per day. This is extremely important. You can also do hot and cold water treatments in the shower. The cold constricts the vessels while the hot expands them. This action creates a boosted pumping system through the body that promotes healing and an immune boost. While taking a shower start with three minutes of hot water over the whole body and then 30 seconds of cold water. Do this process of hot / cold three times. End with the cold water. Do this while sick until you get well?

S – Sunshine. Get outdoors and get some sunshine. Sunshine is known to boost the immune system.

T – Temperance (self control) stay away from caffeine, smoking, vaping, and all drugs including prescription drugs.

A – Air. Get plenty of fresh air for the lungs away from city pollution.

R – Rest. Get a good nights rest of at least eight hours. Also, receive the blessing of God's weekly seventh-day Sabbath rest from sunset Friday to sunset Saturday (Read Genesis 2:1-3, Exodus 20:8-11).

T – Trust in God. Put your faith and trust in God's Word and promises for healing.

T – Tell somebody. Share the ten commandments of health with your family, friends, co-workers, and neighbors.

ANEW STARTT will not only boost your immune system but it will promote an environment and lifestyle of healthy living that glorifies God. 1 Corinthians 10:31 says, "Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God." When we are eating God's fruits, nuts, grains, and veggies we are eating to the glory of God. Drinking water also glorifies God. If we eat foods that damage the body such as modern corruptible flesh and junk food like candy, donuts, and dairy cheese we eat to the glory of Satan. If we drink soda, coffee, or alcohol, we are also drinking to the glory of Satan.

Lemons, raw honey, garlic, and onions

Lemons, raw honey, garlic, and onions are known to fight against viruses, bacteria, and fungal infections. When they are mixed together in a blender they make a powerhouse natural remedy that will fight against the coronavirus, the flu, and common cold.

Simple Recipe: Natural coronavirus, cold and flu remedy

1 whole onion peeled

1 whole bulb of garlic (not just a clove) peeled

2 Medium lemons – put the freshly squeezed juice in the blender

4 to 6 ounces of Honey (raw honey is best)

Place all these ingredients uncooked in a blender for about a minute just enough to get the consistency that resembles applesauce. Then pour it into a jar. Take 1 teaspoon (I take a Tablespoon) every one or two hours until well. Store jar in the refrigerator. It should stay fresh for 2 days then if you need more make another batch. Optional: You can mix the spoonful with a ¼ cup of water to make it easier to take if you like.

This will help if you take often. It will help break up mucus in the chest and also get mucus out of your gut. If you have a lot of mucus in your stomach, it is not uncommon to throw up this

mucus after taking this natural cold remedy to rid the body of excess mucus. Many people who have tried this know how effective this simple natural remedy is for helping them get over their infection and feel better.

References

1 [New possible side-effects of mRNA COVID-19 shots \(emergencyemail.org\)](https://www.emergencyemail.org/)

[Cerebral venous thrombosis after vaccination against COVID-19 in the UK: a multicentre cohort study - The Lancet](https://www.nature.com/articles/d41586-021-02291-2)

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